



December 2014

Newsletter No. 81



Brain Waves

A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

Our work in 2014

We've had a busy year, and would like to thank all our friends and allies for your help and support.

Best wishes to everyone for 2015.



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Our work in 2014

Some highlights from this year are:

Dementia Engagement and Empowerment Project (DEEP)

- The DEEP network is growing and becoming more influential. There are now over 40 local groups of people with dementia.
- DEEP has given out thousands of pounds of small involvement grants throughout the UK. These grants help to enable groups of people with dementia to have real impact locally.
- DEEP guides have been used by many organisations to help them to engage well with people with dementia.

Go to the DEEP project website: www.dementiavoices.org.uk



**The Dementia Engagement
and Empowerment Project**

Women and dementia

We're continuing to explore the issues around dementia and women.

- The booklet 'Women's experiences of dementia' is available to download.
- Nearly 40 people have contributed their 'thoughts and opinions' to the project website.



Go to the women and dementia project website: www.dementiawomen.org.uk

Working with Age UK

- Steve has worked with over 60 local Age UKs across the country to think about how their services can be more welcoming for people with dementia.



And we have worked hard to spread the word about our work. We've supported people with dementia to speak at conferences and events and to contribute to research, articles and reports. And we have also encouraged others to do the same including in Australia.

Some plans for 2015

Steve, Rachael and Nada would like to thank everyone who has helped us with our work and look forward to working with more people next year.

- DEEP will continue to work with people with dementia in groups across the country.
- Look out for more DEEP guides next year.
- We are working with partner organisations to investigate interesting projects through which DEEP groups can have an impact nationally.
- Our associates Emily and Damian have lots of exciting plans for projects in York.
- The Circles of Support project has come to a close – look out for more information about how you can use the Circles approach.
- We are continuing to support people with dementia to be part of an advisory group for the IDEAL research study (Improving the experience of dementia and enhancing active life: living well with dementia).



**Innovations
in Dementia**

Innovations in Dementia is run by three directors – Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia. Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

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