



February 2016

Newsletter No. 95

Brain Waves

A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

DEEP Co-ordinator update

We are really pleased to confirm that Rachel Niblock will be joining us as a DEEP Co-ordinator for Southern England, the Midlands and Wales in April.
Read more on page 2.



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DEEP Co-ordinator update

We are really pleased to confirm that Rachel Niblock will be joining us as a DEEP Co-ordinator for Southern England, the Midlands and Wales in April. Rachel will provide guidance and advice to the DEEP network, as well as finding opportunities for groups to develop and work together.

Rachel has been working with our friends at Dementia Adventure. Neil Mapes from Dementia Adventure says:



“We are extremely pleased that Rachel Niblock has been selected to co-ordinate the DEEP network across England and Wales. Her passion, knowledge, skills and commitment to improving the lives of people with dementia will enable the DEEP work to go from strength to strength. Rachel will continue to work part-time as a project leader at Dementia Adventure and so by Rachel fulfilling complimentary roles we look forward to deepening the successful joint working between Innovations in Dementia and Dementia Adventure.

The social sector is facing a series of challenges and many people with dementia have yet to see the meaningful change we all hope for and as organisations working in dementia we must find ways to work better together, this is a small but important step in that direction.”

We are now about to begin recruitment of a DEEP Co-ordinator based in Scotland to work in Scotland, North of England and Northern Ireland.

For more information contact Steve.

Dementia without Walls

We are also pleased to welcome Philly Hare to Innovations in Dementia. Philly is on secondment from Joseph Rowntree Foundation and is leading on Dementia without Walls.



Dementia without Walls covers two main areas: dementia friendly communities and thinking differently about dementia.

The programmes hopes to challenge ourselves and others on how we think (and talk) about dementia.

Topics include:

- Truth and meaning
- Women and dementia
- Rights
- The power of words
- Engagement
- Positive risk-taking
- Equity and diversity
- Peer support

Get involved

Philly would love to hear from you about your experiences of involving people with dementia in your communities.

Would you like to write a guest blog for the website?

This month, Wendy Mitchell explains about how blogging has enabled her to raise awareness of what it's like to live with dementia.

The website also welcomes comments from visitors, and you can sign up to receive updates about the work.

Go to: www.dementiawithoutwalls.org.uk

Email: philly@myid.org.uk

latest blogs



wendy mitchell reflects on her growth as a 'dementia blogger'

Blogging has allowed me to reach people I might never have reached without the written word



Dementia & Sensory Challenges
Dementia can be more than memory

the horse's mouth

People with dementia themselves are starting to write and publish their own advice and guidelines.

featured



first verde event

The first event of the Values, Equalities, Rights and Dementia network (VERDe) took place in Edinburgh on Monday 25 January 2016.

[read more](#)

Creating dementia carer friendly workplaces

Our colleagues at Pathways Through Dementia are holding a one-day conference in London on Friday 20 May 2016. The day will explore how to create a supportive environment for those employees trying to work whilst caring for a person with dementia. It is an opportunity for HR managers, employers and carers to learn about the latest thinking from a team of expert speakers, share ideas, and learn from experience.

More information at the Pathways Through Dementia website:

<http://pathwaysthroughdementia.org/seminars.htm>

DEEP has published a guide 'Tips for employers who want to be more dementia friendly'.

Go to the DEEP website: <http://dementivoices.org.uk/resources/deep-guides/>



**Innovations
in Dementia**

Innovations in Dementia is run by three directors – Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia.

Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

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