



May 2015

Newsletter No. 86

Brain Waves

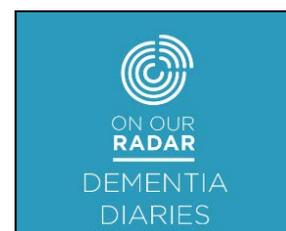
A monthly newsletter from Innovations in Dementia CIC

The aim of these newsletters is to keep people with dementia and their allies informed about the work of Innovations in Dementia Community Interest Company.

On our Radar Dementia Diaries

Dementia Diaries is a project where people with dementia from DEEP groups record and share their thoughts and experiences through audio diaries.

Read more on page 3.



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Getting Along[©] - support for couples

In October of last year we announced Lottery funding for our associate, Damian Murphy, to pilot the Getting Along[©] programme.

Getting Along is a programme that supports couples to address changes in their relationship that might be brought about by a dementia.

The aims were to:

- To address both sides of the care-giving relationship.
- To explore a new approach that can start to provide practical support even whilst diagnostic tests are still ongoing.
- To examine learning specific learning needs of front line community-based staff.

The pilot proved to be very successful:

-  One couple reported that arguments and outbursts had been reduced by about 90%.
-  Another couple were asking why they had not had this sort of support from early on.
-  Others pointed out that although they had lots of social events, this was the first time that they had been helped practically where they spend most of their time – at home alone under each other's feet.

Find out more

Damian will be presenting findings of the programme at a free event at the Folk Hall, New Earswich, York on 9th June 2015.

This event will be of special interest to providers and commissioners of dementia care services in all sectors.

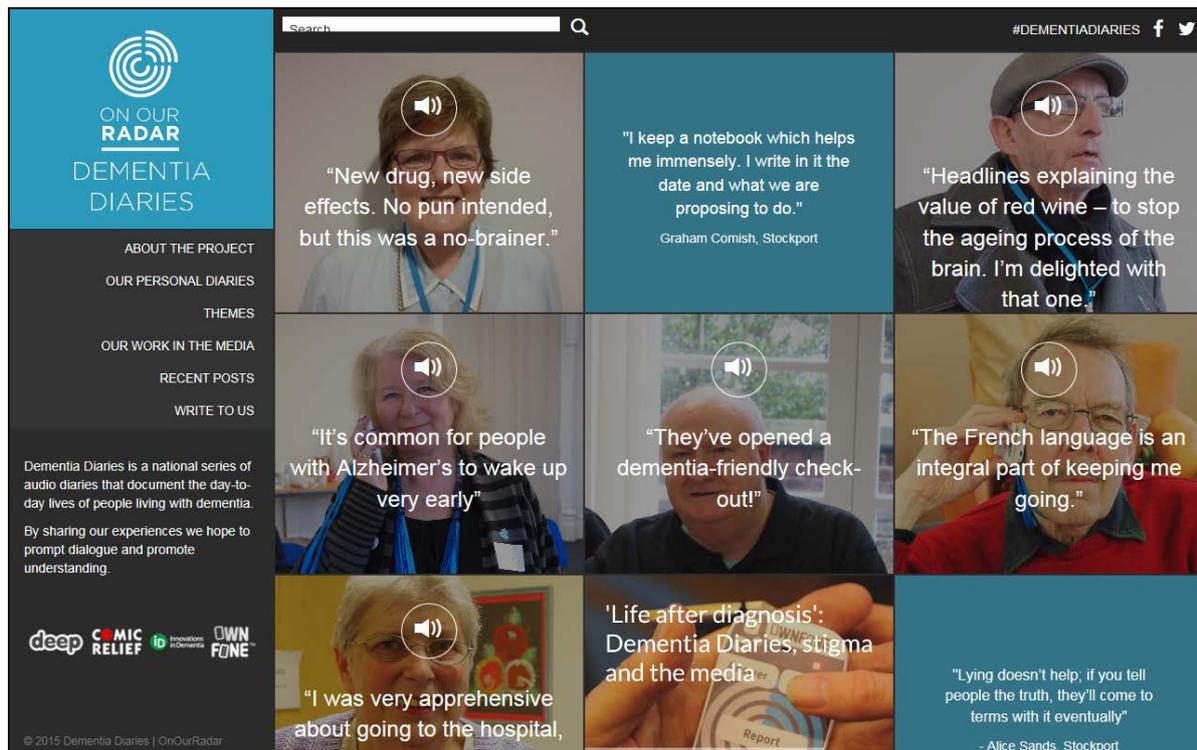
The morning includes a launch of a new video featuring participants of the Getting Along[©] pilot in York.

For a registration form and more details contact Damian

Email: dementiafriendly@outlook.com

Telephone: 07927 405 854

On our Radar Dementia Diaries



In January 2015, On Our Radar started the 'Dementia Diaries' project in partnership with DEEP and Comic Relief.

The project is a series of audio diaries, which you can hear at www.dementiadiaries.org

25 people from five DEEP groups across the UK have been trained to share their experiences using a simple handset developed by Own Fone.

People can record short audio diary entries and capture their thoughts and experiences as they occur. Each diary entry is automatically sent via the internet to a dedicated team who add it to the Dementia Diaries website. So far, the Dementia Diaries participants have submitted over 450 diary entries.

The project has been featured on BBC radio and television, and in national and local newspapers, and more than 3.8 million people have seen it on Twitter (#dementiadiaries).

If you would like to use any of the Dementia Diary audio files, please get in touch with Paul from On Our Radar

Email: paul@onourradar.org



Innovations in Dementia

Innovations in Dementia is run by three directors – Rachael, Steve and Nada. We are a Community Interest Company. This means that any profit we make is put back into the organisation.

We do not offer services for people with dementia. Instead we work with other organisations to make sure that people with dementia can continue to take part in their communities and have active lives.

Please share your ideas, experiences and positive stories with us.

Contact us

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If you wish to receive (or stop receiving) copies of this newsletter email newsletter@innovationsindementia.org.uk

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